

Developmental Hearts

The pattern given below is for a half heart. Print it out at 100% size. I made a pattern for the full heart and found that easier to work with using heavy paper, template plastic, or cardboard.

Put 2 pieces of fabric right sides together. Use cotton, flannel, fleece, anything nice and soft. Trace the heart pattern using a pencil, permanent pen, frixion pen--something you can see easily.

Fit as many hearts on your fabric as possible allowing 1/2 in seam allowance outside the traced line. Pay attention to a directional print. With a short stitch length, stitch **ON THE DRAWN LINE**. Leave a small opening to turn the heart right side out.

NOW cut out the heart with a 1/4 seam allowance outside the drawn line.

Clip at the top of the heart, close to but not through the stitch line.

Push out the seam and press so it is heart shaped and tuck in the seam allowance of the opening area. You can use the handle of tweezers, a bodkin, a capped ink pen etc.

You may either hand or machine stitch the opening closed or what I do is to edge stitch the whole heart which closes the opening and also keeps it heart shaped

THERE IS NO BATTING OR STUFFING IN THESE HEARTS. They are meant to lay flat on the bedding in the baby's bed.